

ANALYSIS OF ANTIBIOTICS USE IN PEDIATRIC PNEUMONIA PATIENTS AGED 3 MONTHS - 5 YEARS

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ABSTRAK

Pneumonia adalah penyakit infeksi yang menyebabkan peradangan akut parenkim paru-paru dan pematatan eksudat pada jaringan paru. Selain menyebabkan morbiditas dan mortalitas yang signifikan, pneumonia juga sulit didiagnosis, perawatan yang kurang tepat dan kurang dianggap serius. Pneumonia ini menyebabkan kematian 14% balita di Indonesia, dengan angka kematian 83 balita per hari. Kesulitan untuk menegakkan diagnosis, pemilihan antibiotika yang kurang tepat, adanya efek samping obat, perbedaan farmakokinetik, farmakodinamik obat dan resistensi akibat penggunaan antibiotika yang tidak bijak menjadi masalah tersendiri. Oleh sebab itu perlu dilakukan penelitian analisis penggunaan antibiotika pada pasien pneumonia anak usia 3 bulan – 5 tahun. Tujuan penelitian ini adalah untuk menganalisis penggunaan antibiotika pada pasien pneumonia anak usia 3 bulan – 5 tahun dengan metode kuantitatif DDD/100 patient-days dan kualitatif dengan metode Gyssens. Penelitian ini merupakan penelitian observasional dengan tipe kohort prospektif. Sampel penelitian adalah pasien anak (usia 3 bulan sampai 5 tahun) dengan diagnosis pneumonia yang mendapatkan antibiotika yang dirawat dalam rentang 8 Februari 2014 – 8 Mei 2014 yang memenuhi kriteria inklusi. Sampel yang memenuhi kriteria inklusi sebanyak 29 pasien dengan penggunaan antibiotika sebanyak 75. Hasil analisis kuantitatif dengan metode DDD/100 patients days didapatkan nilai penggunaan antibiotika ampicilin 34,39 DDD/100 patient days dan hasil analisis kualitatif menggunakan metode Gyssens didapatkan penggunaan antibiotika yang sudah sesuai (kategori 0) sebanyak 32%. Dari hasil penelitian diketahui bahwa ampicilin paling sering digunakan yaitu sebesar 34,39 DDD/100 patient days. Dan dari analisis kualitatif hanya 32% penggunaan antibiotika yang rasional. (FMI 2016;52:108-115)

Kata kunci: pneumonia, anak, DDD/100 patient-days, Gyssens

ABSTRACT

Pneumonia is an infectious disease that causes acute inflammation of the lung parenchyma and compaction exudate in the lung tissue. In addition to causing significant morbidity and mortality, pneumonia is also difficult to diagnose, treatments are less precise and less taken seriously. Pneumonia caused the death of 14% of children under five in Indonesia, with a mortality rate of 83 children per day. The difficulty of diagnosis, the selection of a less appropriate antibiotics, side effects, differences in pharmacokinetics and pharmacodynamics of the drug in infants and antibiotics resistance is to be a problem in itself. Therefore it is necessary to study the analysis of the use of antibiotics in patients with pneumonia of children aged 3 months till 5 years. The aim of this research to analyze antibiotics therapy in patients with pneumonia of children aged 3 months till 5 years. Method: an observational cohort analysis was carried out in the Pediatrics Respiratory Division Dr. Soetomo Hospital Surabaya. Data was collected from February to May 2014. Patients who met the inclusion criteria were observed prospectively and the quantity and quality of antibiotics usage assessed with Gyssens category. Result: from February to May 2014 period, prospectively, the antibiotics usage quantitative evaluation used DDD/patient days shows that ampicillin 34.39 DDD/100 patient days. Qualitative evaluation using Gyssens category on 75 antibiotics therapy shows that 32% considered appropriate. So, this study showed that ampicillin is most widely and qualitative analysis, only 32% of rational use of antibiotics. (FMI 2016;52:108-115)

Keywords: pneumonia, pediatric, antibiotics, gyssens category, DDD/100 patient days

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INTRODUCTION

Pneumonia is an infectious disease that causes acute inflammation of the lung parenchyma and compaction exudate in the lung tissue. In addition to causing significant morbidity and mortality rates, pneumonia is also difficult to diagnose, lack of proper care and not to be taken seriously (Mandell & Wunderick 2010). Based

on the report regencies/cities in East Java, the number of pneumonia cases under five in 2010 amounted to 76 745 cases (78.81% of total cases of pneumonia). The condition occurs primarily in cases of malnutrition with unhealthy environmental conditions (Health Office 2010). In Dr. Soetomo Hospital (period January 2007-December 2008) there are 66% of patients pneumonia infant community with a mortality rate of 4% (Nata-

prawira et al 2010, Purniti et al 2011, Setyoning-rum & Setiawati 2011, Asih et al 2011). The magnitude of the incident showed this age group susceptible to pneumonia due to weak/incomplete immune system and in patients suffering from recurrent infections occurs as a result of a defect complex system of defense mechanisms (PrabhuDas et al 2011, Jesenak et al 2011).

Treatment given depends on the age, clinical condition and epidemiological factors (Said 2010). Management of patients with pneumonia include supportive therapy in the form of provision of food or fluids as needed as well as acid-base correction as needed. Given oxygen therapy routine, if the disease is severe enough, the breathing apparatus may be required especially in the first 24-48 hours. The most important part of the governance pneumonia is antibiotics are ideally matched to the germs that cause, but due to various constraints diagnostic etiology then all pneumonia patients given empiric antibiotics (Said 2010). Administration of antibiotics at the Department of Pediatrics, Dr. Soetomo Hospital, is adapted to the CO of the Division of Respiriology.

For empirical therapy using amoxicillin, amoxicillin clavulanate, patients with pneumonia can be treated as outpatients, while therapy with ampicillin or ampicillin sulbactam for patients with pneumonia required hospitalization. And for patients with pneumonia who previously had been treated at another hospital could be given ampicillin-sulbactam if previously treated for less than 72 hours and could be given cefotaxime or ceftriaxone if previously treated more than 72 hours. For atypical pneumonia treatment using spiramycin, erythromycin, azithromycin or clarithromycin (Setiawati et al 2012).

Analysis of antibiotic use can be done with both qualitative and quantitative methods. Qualitative methods are performed with instruments Gyssen algorithm aims to evaluate and ensure the rational use of antibiotics, namely the right indication, right patient, right drug, right dose of the regimentation and guard against drug ESO. Quantitative methods and the measurement instrument DDD/100 patient-days aimed to evaluate the total amount of antibiotics consumed by the patient during care. Response to treatment can be defined clinical and laboratory. The clinical response appeared within 48-72 hours and is recommended not to change the treatment given, unless within that period the patient's condition deteriorates.

Clinical parameters include the number of leukocytes, oxygenation and body temperature, whereas microbiological parameters are the result of culture. Quantitative culture results obtained from the lower

respiratory tract material before and after the therapy can be used to assess the microbiological resolution. Microbiological results can be bacterial eradication, superinfection, recurrent infection or persistent infection and resistance (Cincinnati Children's Hospital Medical Center in 2005, Said 2010, Bradley et al 2011).

Based on the description above, it is necessary to study antibiotic consumption and the quality of antibiotic use in patients with pneumonia of children (ages 3 months - 5 years) at the Dr. Soetomo Hospital to provide an overview of consumption and quality of use. For pharmacists results of this study can be used to improve pharmacy services, especially in the management of the drug in patients with pneumonia of children.

MATERIALS AND METHODS

This research is a type of observational study with prospective cohort. In this study, researchers did not perform an action or degrading treatment or intervention that is different from the Clinical Practice Guidelines in Respiriology Division of the Department of Pediatrics, Dr. Soetomo Hospital. The sample in this study is pediatric patients (ages 3 months to 5 years) with a diagnosis of pneumo-nia who received antibiotics were treated in a span of February 8, 2014 - May 8, 2014, the way the sampling is done by consecutive sampling. Each patient according to the inclusion criteria were included as a sample for further monitoring during treatment. The inclusion criteria were patients of children (aged 3 months to 5 years) with a diagnosis of pneumonia who received antibiotics were treated at Respiriology Division, Department of Pediatrics, Dr. Soetomo Hospital, are willing to participate in this study.

Of 177 patients hospitalized at Respiriology Division, Department of Pediatrics, Dr. Soetomo Hospital, there were 29 patients who met the inclusion criteria Table 1 shows the demographic data of children pneumonia patients who met the inclusion criteria which include gender of the patient, age, severity of disease, the status of the patient and how the patient was hospitalized. The percentage of patients with pneumonia in children aged 3 months - 5 years this is the boy that is a number of 16 patients (55.17%). This patient was admitted to hospital with the highest severity was feebly that a number of 16 patients (55.17%). Most patients were hospitalized at Respiriology Division, Department of Pediatrics, Dr. Soetomo Hospital, is BPJS patients ie 23 (79.31%) and most patients is how to sign their own come through IRD is a number of 17 patients (58.62%).

Table 1. Patients' demographic data

Patient's demography	Number	%*
Sex		
- Male	16	55.17%
- Female	13	44.83%
Age		
- 3 months – < 1 month	18	62.07%
- 1 month – < 3 years	9	31.03%
- 3 years – 5 years	2	6.90%
Degree of severity		
- Mild, weak	1	3.45%
- Moderate, sufficient	8	27.59%
- Moderate, weak	16	55.17%
- Severe, weak	4	13.79%
Patient's status		
- BPJS	23	79.31%
- Public	6	20.69%
Mode of admission		
- Referred	12	41.38%
- Self-initiative	17	58.62%

Types of pneumonia are the most common children ages 3 months-5 years during the study was bronchopneumonia amounted to 55.17% (Table 2). And most long hospitalization is less than 10 days (Table 3). For the distribution of comorbidities most is heart abnormalities that as many as 18 patients (Table 4). And to the use of empiric antibiotics given to patients with pneumonia of

children described in Table 5. From the results of quantitative analysis by the number LOS 275 days showed that ampicillin has the greatest value, namely 34.39 DDD DDD/100 patient-days (Table 6). From the qualitative analysis showed that 32% is the rational use of antibiotics (Table 7). This means that the amount of antibiotic use not in accordance greater than appropriate.

Table 2. Types of pneumonia

Types of pneumonia	Number of patients	Percentage (%)*
Bronchopneumonia	16	55.17%
Pneumonia	13	44.83%
Total	29	100

Table 3. Length of hospitalization

Length of hospitalization	Number of patients	Percentage (%)*
< 10 days	17	58.62
10-20 days	11	37.93
>30 days	1	3.45
Total	29	100

Table 4. Co-morbidity distribution

Comorbidities in lung	Number of patients	Comorbidities in other organs	Number of patients
Bronchiolitis	2	Heart	18
Subcutaneous emphysema	1	Undernutrition	4
Pneumomediastinum	1	Hypothyroid	3
Pleural effusion	1	Down Syndrome	3
Multiple bulae	1	Global Dev. delay	3
Atelectasis lobus sup. D	1	Malnutrition	2
		Severe wasted	2
		Acute diarrhea	2
		GERD	1
		Anemia	1
		ODS conjunctivitis	1
		Encephalopathy	1
		FTT	1
		CMV infection	1

Table 5. Use of antibiotics in pneumonia patients

Types of patients	Antibiotics according to Clinical Practice Guidelines	Selected antibiotics	Number of patients	Notes	
				Clinical Practice Guidelines 2009	Clinical Practice Guidelines 2013
Self-initiative	Ampicillin; ampicillin sulbactam (Clinical Practice Guidelines 2013); ampicillin-chloramphenicol; ampicillin-gentamicin; sefalosporin generation 3 (Clinical Practice Guidelines 2009)	Ampicillin	3		Met
		Ampicillin-gentamicin	3	Met	
		Ampicillin-chloramphenicol	9	Met	
		Ceftriaxone	1	Met	
Referred	Ampicillin; ampicillin-sulbactam	Ampicillin	4		Met
		Ampicillin-gentamicin	3	Met	
		Ampicillin-chloramphenicol	5	Met	
		Ceftriaxone	2		Met
>72 hours	Cephalosporin generation 3	Ceftriaxone	2		Met

Table 6. Total antibiotic DDD in pediatric treatment treatment during hospitalization

Antibiotics	ATC Code	Route	Total antibiotics (g)	DDD Value (g) (WHO. 2013)	DDD Value	DDD/100 patient days
Ampicillin	J01CA01	IV	189.14	2	94.57	34.39
Gentamicin	J01GB03	IV	2.41	0.24	10.03	3.65
Ceftriaxone	J01DD04	IV	32.08	2	16.04	5.83
Chloramphenicol	J01BA01	IV	40.51	3	13.50	4.91
Cefoperazone	J01DD62	IV	3	4	0.75	0.27
Sulbactam						
Meropenem	J01DH02	IV	3.36	2	1.68	0.61

*Note: Patients' LOS: 275 days

Table 7. Results of analysis on the use of antibiotics with qualitative methods

Categories	Evaluation	Number	Percentage
0	Antibiotic use appropriate/wise	24	32.00
I	Antibiotic use in appropriate time	3	4.00
II A	Antibiotic use not in appropriate dose	31	41.33
II B	Antibiotic use not in appropriate interval	5	6.67
II C	Antibiotic use not in appropriate route	-	-
III A	Antibiotic use too long	29	38.67
III B	Antibiotic use too short	-	-
IV A	Presence of other more effective antibiotics	9	12.00
IV B	Presence of other less toxic/safer antibiotics	7	9.33
IV C	Presence of other more cost-saving antibiotics	27	36.00
IV D	Presence of other antibiotics with narrower spectrum	7	9.33
V	No indication of antibiotic use	4	5.33
VI	Medical record data incomplete and unevaluable	-	-

*Note: there were 29 patients, a total of 75 antibiotics used

DISCUSSION

This study was an observational study with prospective cohort type that aims to analyze the use of antibiotics in patients with pneumonia of children admitted to the Division of Respiriology, Department of Pediatrics, Dr. Soetomo Hospital, during the period February to May 2014. Analysis of the use of antibiotics using quantitative methods DDD/100 patient days and qualitative Gyssens. During the 3-month study period, found 29 patients who met the inclusion criteria, with gender distribution male 16 people (55.17%) and 13 women (44.83%) with the distribution of the degree of severity of illness ranging from mild to severe. Some 1 (3.45%) patients with a diagnosis of pneumonia incoming light feebly, 8 patients (27.59%) were diagnosed with pneumonia being sufficient condition, 16 patients (55.17%) were diagnosed with pneumonia and a weak condition 4 people (13.79%) were diagnosed with severe pneumonia weak condition. For most patients status is BPJS as many as 23 patients (79.31%). With patients who come alone as many as 17 patients (58.62%) and patient referrals as many as 12 patients (41.38%). Type of pneumonia suffered by patients in this study were bronchopneumonia and pneumonia. Patients with a diagnosis of bronchopneumonia was the highest in the amount of 55.17%; as shown in Table 5.2. Broncho-pneumonia characterized

by patches of pulmonary infiltrates on that show bronchial infection accompanied by attacks on surrounding alveolar (Cunha 2009).

Long hospitalization of patients affected by disease severity, presence or absence of concomitant diseases, disorders related to the immune system (Cunha 2009). In this study, the most long hospitalization is less than 10 days, a total of 17 patients (58.62%) followed by 10-20 days as many as 11 patients (37.93%) and there was 1 patient (3.45%) were hospitalized more than 32 days. Patients were hospitalized more than 32 days is 3 months old patient with a diagnosis of bronchopneumonia, malnutrition and congenital hypothyroid-ism. In addition to being diagnosed with pneumonia, children hospitalized at Respiriology Division of the Department of Pediatrics, Dr. Soetomo Hospital, also experienced complications with other diseases. Most concomitant diseases are heart defects were 18 patients (62.07%); malnutrition 4 patients (13.79%); Down syndrome and hypothyroidism respectively 3 patients (10.34%). The condition is a risk factor of heart abnormalities the incidence of pneumonia in children, for example in ASD oxygen-rich blood and oxygen-poor blood became mixed, mix this blood will be pumped back to the lungs so that the lungs work harder.

When bacteria enter the bloodstream it will be easy to attack the lungs and cause pneumonia (AHA 2015). Their conditions of malnutrition, malnutrition, and child growth failure is one of the factors that influence the incidence of pneumonia. Patients Down Syndrome susceptible to pneumonia due to abnormalities of the immune system of the body, including a decrease in the number of T cells, a decrease in the number of B cells, loss of normal function of lymphocytes in childhood, the size of the thymus smaller than normal babies, a decrease in the percentage of T cells naive related T cell maturation cycle, sub-optimal antibody response to immunization, reduction in total and specific immunoglobulin A in saliva, decrease in neutrophil chemotaxis (Ram & Chinen 2011).

Based clinical practice guidelines in at Respiriology Division, Department of Pediatrics, Dr. Soetomo Hospital, for patients who require hospitalization may be given ampicillin or ampicillin sulbactam dose of 100 mg/kg/day iv with a frequency of 4 times a day, while the selection of antibiotics for patient referrals from other hospitals who had received treatment at another hospital less than 72 hours given ampicillin sulbactam dose of 100 mg/ kg/day with a frequency of 4 times daily. For patient referrals ever received treatment at another hospital more than 72 hours of empirical antibiotic choice among cefotaxime 200 mg/kg/day iv with the frequency of 3x; ceftriaxone 100 mg/kg/day with a frequency of 2x, or selection of antibiotic adapted to sputum culture/ blood cultures that exist. According to the results of research in the field as a given empirical antibiotic ampicillin, either alone or in combination use of ampicillin, ampicillin-chloramphenicol or ampicillin-gentamicin combination. Selection of empiric antibiotics are given based on data from epidemiological germs. Empirical antibiotic therapy re-evaluated after two or three days to see the patient's clinical condition. The use of a single ampicillin was given to 7 patients, namely ISZ, AR, YYV, BF, A, FAS, and DM. To use a combination of ampicillin-chloramphenicol was given to 14 patients (AP, Zk, YK, KI, ZA, DF, MAR, ZAP, FAP, NF, IP, R, MY, SA) and the combination of ampicillin-gentamicin was given to 6 patients (ZHN, MFA, MR, MDAs, DAS, J). And there were 3 patients (MI, E, Zk) who received ceftriaxone as empiric antibiotics for by prior antibiotic therapy prior to referral to the Hospital Dr. Soetomo and child E in bad condition during the admission thus been giving ceftriaxone compared the combination of ampicillin.

Class of beta-lactam antibiotics or chloramphenicol is a first-line choice. And for pneumonia unresponsive to beta-lactams and chloramphenicol, may be given other antibiotics such as gentamicin, amikacin or cephalosporins according to the instructions found etiology.

Giving antibiotics combination is intended to broaden the spectrum of antimicrobial and antibiotic combinations utilize synergistic effects (Grayson et al 2010). Ampicillin will inhibit the formation of bacterial cell wall so that the bacterial cell permeability increases and would facilitate the entry of aminoglycoside into bacterial cells so that the antibacterial activity increased (Finkel 2009).

Replacement of antibiotics can be done at the first evaluation (the third day) or a second evaluation (the fifth day) if the patient does not improve clinically. Long use of antibiotics as empirical therapy the average is 3-7 days, and continued with another antibiotic (definitive therapy) after the results of cultures or bacteria that causes the infection is unknown. Antibiotic therapy can be continued for 10-14 days (Clinical Practice Guidelines 2013). In this study, the use of antibiotics for a long time varies depending on the severity of disease, complications and concomitant diseases suffered by the patient. In-creasingly mild degrees of pneumonia then the long use of antibiotics is getting shorter. Long use of antibiotics as empirical therapy the average is 4-6 days, and continued with another antibiotic (definitive therapy) after the results of cultures or bacteria that causes the infection is unknown.

Analysis of the use of antibiotics is done with quantitative methods (DDD/100 patient-days) and qualitative methods (groove Gyssens). The results of the quantitative evaluation showed that ampicillin is most widely used is 34.39 DDD/100 patient-days. Analysis using Gyssens performed on empiric antibiotics and definitive. Antibiotics are used by 29 of these patients were 75, this is because one patient could use more than one antibiotic. Of the 75 empirical and definitive antibiotic use, 32% is appropriate, 4% is not timely, improper doses of 42.67%, 5.53% improper administration interval, 38.67% of administration for too long, there are 12% of other antibiotics more effective, 9.33% there are other less toxic antibiotics, 36% there are other cheaper antibiotics, 9.33% there are other antibiotics that spectrum is narrower, and 5.33% there is no indication of the use of antibiotics.

Category I (not timely administration of antibiotics) of 4%. In this study, there were 4 cases that fall into this category, and experienced by patients ZHN and Zk. In patients ZHN ceftriaxone should be given when the throat swab culture results that show infection *Streptococcus viridans* was out on the fifth day (02.15.2014), but the new ceftriaxone given on day 9 (02/19/2014). In patients Zk administration of ampicillin is not appropriate because the results of blood cultures left day-to-5 (02/17/2014) showed *Staphylococcus saprophyticus*

infections that are resistant to ampicillin, but ampicillin is still given from day 7 to day 9 (19/2/14-21/2/2014), chloramphenicol administration is also inaccurate because sputum culture results 2nd day (14/02/2014) showed *Acinetobacter baumannii* infections that are resistant to chloramphenicol, but chloramphenicol still be given from day 7 to day 9th (19/2/2014-21/2/2014). For the provision of cefoperazone-sulbactam as definitive therapy (sputum culture results on day 2 which shows *Acinetobacter baumannii* infection) late ie new gift given on day 10 (22.02.2014) for drug stocks empty and still waiting acc of KFT.

Category II A (not appropriate for incorrect dosage) of 42.67%. There are 32 antibiotic that belongs to this category. For IIA category is dominated administration of antibiotic therapy are overdose or underdose a variety of reasons why. Giving antibiotics overdose occurred in 17 underdose use of antibiotics and the condition occurs in 8 the use of antibiotics. Category IIB (not appropriate administration interval) of 6.67%. There were four patients were included in this category. Patients KI and YK get chloramphenicol at intervals Award 3 times a day, whereas according to the guidelines given 4 times daily usage. In patients with MI administration of ceftriaxone given at intervals of 3x80 mg in patients beginning a new MRS lowered to 2x80 mg, whereas the dose and administration interval according to the literature is 50-100 mg per day in the 1-2x Award. As for patients BF patients received ampicillin therapy 3 times a day at intervals of administration, whereas according to the guidelines that are used should be given 4 times daily administration.

For guidance on the administration of antibiotics, researchers are using the interval specified in the KDP administration in 2013 made by at Respiriology Division, Department of Pediatrics, Dr. Soetomo Hospital. Category III A (not appropriate for prolonged antibiotic treat-ment) amounted to 38.67%. There were 29 cases of use of antibiotics that are included in this category. This category occurred in patients receiving more than 7 days. Empirical antibiotic treatment is ideal that is 3 days and the evaluation of treatment performed every 48-72 hours. If there is no clinical improvement of reimbursement antibiotic of broad spectrum antibiotics become narrow-spectrum antibiotics until the child was cured. The use of antibiotics is too long duration is also potentially increase the cost and side effects. Category IVA (not exact because no antibiotics are more effective) by 12%. There are 9 uses of antibiotics in this category and the patients experienced ZHN, MFA, MR, DAS, YK, RAS and Zk. For patients ZHN throat swab culture results day 5 (02.15.2014) shows the growth of *Streptococcus viridians* resistant to gentamicin, but its use is still applied to the 8th day

(18.02.2014). According to data from the results of this culture antibiotic option that can be used as a substitute for gentamicin is ceftriaxone, chloramphenicol, erythromycin, and clindamycin.

MFA patient blood culture results on the 8th day (18/02/2014) shows the growth of *Staphylococcus saprophyticus* resistant to ampicillin but its use continued until the 16th day (02.26.2014). From the results of the culture of the antibiotic option that can be given instead of ampicillin include gentamicin, erythromycin, clindamycin. In patients YK blood culture results day 4 (02/27/2014) shows the growth of *Staphylococcus hominis* are resistant to ampicillin but its use is still applied to the 8th day (03.03.2014). While the use of chloramphenicol as empirical therapy can be replaced with gentamicin that according to the results of this culture are sensitive to infecting germs. In patients Zk use of ceftriaxone as empirical therapy should be considered to be replaced with amikacin, ampicillin sulbactam, sulbactam sefoperazone, cotri-moxazole, imipenem, meropenem for sputum culture results on day 2 (14/02/2014) showed growth of *Acinetobacter baumannii* resistant ceftriaxone but its use is still applied to the 6th day (02.18.14). As for the use of ampicillin and chloramphenicol as definitive therapy should not be given until the 9th day (02.21.2014) for blood culture results right day 5 (17.02.2014) shows the growth of *Staphylococcus hominis* are resistant to ampicillin, with alternative antibiotics gentamicin and clindamycin sensitive is. And blood culture results left the 5th day (02/17/2014) shows the growth of *Staphylococcus saprophyticus* were also resistant to ampicillin, with alternative antibiotics are tetracycline sensitive. And besides sputum culture results before the 2nd day (14/02/2014) shows the growth of bacteria *Acinetobacter baumannii* resistant to chloramphenicol.

Category IV B (There are other antibiotics that are less toxic/safer) of 9.33%. There were 7 the use of antibiotics that fall into this category. This relates to the selection of antibiotics that are less precise. This category dominated by the use of chloramphenicol in patients with low hemoglobin levels at or near the lower limit. Category IV C (no antibiotics cheaper) by 36%. There are 27 the use of antibiotics in this category and is dominated by replacement of antibiotics is delayed from the intravenous route to the oral route. But in this study all intravenous antibiotics to oral replacement is done when the patient will be out of the hospital. For more details can be found in appendix 4.

Category IV D (not appropriate because there is more narrow-spectrum antibiotics) of 9.33%. There were seven cases that fall under this category and the patients experienced MFA, ZHN, YK, and Zk. MFA patient

blood culture results on the 8th day (18/02/2014) shows the growth of *Staphylococcus saprophyticus* resistant to ampicillin but its use continued until the 16th day (02.26.2014). From the results of the culture of the antibiotic option that can be given instead of ampicillin include gentamicin, erythromycin, clindamycin. For patients ZHN throat swab culture results day 5 (15.02.2014) shows the growth of *Streptococcus viridans* resistant to gentamicin, but its use is still applied to the 8th day (18.02.2014). According to data from the results of this culture antibiotic option that can be used as a substitute for gentamicin is ceftriaxone, chloramphenicol, erythromycin, and clindamycin.

In patients YK blood culture results day 4 (02/27/2014) shows the growth of *Staphylococcus hominis* are resistant to ampicillin but its use is still applied to the 8th day (03.03.2014). While the use of chloramphenicol as empirical therapy can be replaced with gentamicin that according to the results of this culture is sensitive to infecting germs. In patients Zk use of ceftriaxone as empirical therapy should be considered to be replaced with amikacin, ampicillin sulbactam, cefoperazone sulbactam, cotrimoxazole, imipenem, meropenem for sputum culture results on day 2 (02/14/2014) showed growth of *Acinetobacter baumannii* resistant ceftriaxone but its use is still applied to the 6th day (18.02.14).

As for the use of ampicillin and chloramphenicol as definitive therapy should not be given until the 9th day (02.21.2014) for blood culture results right day 5 (17.02.2014) shows the growth of *Staphylococcus hominis* are resistant to ampicillin, with alternative antibiotics gentamicin and clindamycin sensitive is. And blood culture results left the 5th day (02/17/2014) shows the growth of *Staphylococcus saprophyticus* were also resistant to ampicillin, with alternative antibiotics are tetracycline sensitive. Besides, sputum culture results before the 2nd day (14/02/2014) shows the growth of bacteria *Acinetobacter baumannii* resistant to chloramphenicol. Category V (There is no indication of the use of antibiotics) amounted to 5.33%. There are 4 use of antibiotics that belong to this category. For the category of improper use of antibiotics way/route of administration (IIC), the use of antibiotics is too short (IIIB) and the category of medical records are incomplete and can not be evaluated (VI) in this study amounted to 0% or no cases at all.

CONCLUSION

The selection of empiric therapy is in compliance with Clinical Practice Guidelines at Respirology Division, Department of Pediatrics, Dr. Soetomo Hospital. From the results of the quantitative analysis of the data

obtained that the use of antibiotic ampicillin which most was 34.39 DDD/100 patient-days and the results of the qualitative analysis showed that only 32% the use of antibiotics in this division are categorized appropriately.

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Analisis Penggunaan Antibiotik pada Pasien Pneumonia Anak Usia 3 Bulan-5 Tahun.

Pendahuluan

Pneumonia adalah sebuah infeksi yang menyebabkan radang paru-paru parenkim yang akut dan pematatan darah putih dalam jaringan paru-paru. Disamping itu, selain menyebabkan tingkat morbiditas dan mortality, pneumonia juga sulit untuk didiagnosa, penyakit ini juga kurang mendapatkan konsen, dan bahkan tidak dianggap sebagai penyakit serius (Mandell & Wunderick 2010). Berdasarkan laporan dari kota di Jawa timur, jumlah penderita pneumonia di bawah usia lima tahun pada tahun 2010 mencapai 76 745 kasus (78,81% dari seluruh total kasus pneumonia). Penyebab utama kondisi tersebut terjadi dikarenakan kurangnya nutrisi dan juga tidak sehatnya kondisi lingkungan yang dihuni (Health Office 2010). Di rumah sakit Dr. Soetomo (pada Januari 2007-Desember 2008), didapati 66% dari pasien pneumonia adalah anak kecil dengan tingkat kematian mencapai 4% (Nataprawira et al 2010, Purniti et al 2011, Setyoningrum & Setiawati 2011, Asih et al 2011). Besarnya jumlah tersebut menunjukkan bahwa kelompok umur tersebut rentan terhadap pneumonia dikarenakan lemahnya sistem imun tubuh. Kemudian, pada pasien yang menderita infeksi secara berulang juga disebabkan karena sistem pertahanan tubuh yang sangat buruk (PrabhuDas et al 2011, Jesenak et al 2011).

Tindakan perawatan yang diberikan kepada pasien pun beragam sesuai dengan umur, kondisi klinis, dan faktor epidemiologis (Said 2010). Perlakuan yang diberikan kepada penderita pneumonia yaitu terapi secara suportif dalam bentuk penyediaan makanan ataupun cairan yang dibutuhkan, disesuaikan dengan koreksi asam-basa yang dibutuhkan. Kemudian pemberian oksigen juga digunakan sebagai terapi rutin. Apabila penyakitnya cukup parah, maka alat bantu pernapasan diperlukan terutama dalam kurun 24-48 jam pertama. Bagian terpenting dalam tindakan perawatan pneumonia adalah pemberian antibiotik yang idealnya cocok dengan kuman penyebab pneumonia. Akan tetapi, arena beberapa kendala dalam diagnos etiology, maka kesemua pasien atau penderita pneumonia diberikan antibiotic empiris (Said 2010). Bagian administrasi antibiotic di Departemen kesehatan pediatri atau anak-anak RS. Dr. Soetomo, disesuaikan dengan CO dari divisi respirologi.

Dalam terapi empiris yang menggunakan *amoxicillin*, *amoxicillin clavulanate*, penderita pneumonia bisa dirawat secara rawat jalan, sedangkan terapi dengan *ampicillin* atau

ampicillin sulbactam mengharuskan penderita pneumonia untuk dirawat inap. Selanjutnya, bagi pasien dengan pneumonia yang sebelumnya pernah dirawat di rumah sakit lain, harus diberikan *ampicillin-sulbactam* jika sebelumnya hanya dirawat tidak lebih dari 72 jam, namun harus diberikan *cefotaxime* atau *ceftriaxone* jika sebelumnya telah dirawat melebihi 72 jam. Lalu, untuk pengobatan pneumonia atipikal bisa menggunakan spiramisin, eritromisin, azitromisin, atau klaritromisin (Setiawati et al 2012).

Analisa untuk penggunaan antibiotic bisa menggunakan dua metode yaitu kualitatif dan kuantitatif. Metode kualitatif dilakukan dengan menggunakan Gyssen algoritma yang bertujuan untuk mengevaluasi dan memastikan penggunaan dari antibiotik yang berupa dengan indikasi yang tepat, pasien yang tepat, obat yang tepat, dosis yang tepat terhadap proses resimentasi obat ESO. Sedangkan, metode kuantitatif dan pengukuran menggunakan DDD/100 hari pasien bertujuan untuk mengevaluasi keseluruhan jumlah antibiotik yang dikonsumsi oleh pasien pada saat perawatan dilakukan. Respon terhadap perawatan bisa dijabarkan secara klinis maupun laborator. Respon klinis muncul dalam waktu 48-72 jam dan disarankan untuk tidak mengubah bentuk perawatan yang dilakukan, kecuali jika kondisi pasien memburuk.

Parameter klinis meliputi jumlah leukosit, oksigenasi dan suhu tubuh, sedangkan parameter mikrobiologis yaitu hasil kultur. Hasil kultur kuantitatif didapatkan dari rendahnya materi saluran pernapasan sebelum dan sesudah terapi yang digunakan untuk menilai tingkat mikrobiologis. Hasil mikrobiologis bisa dalam bentuk pemberantasan bakteri, superinfeksi, infeksi berulang, infeksi persisten dan resisten (Cincinnati Children's Hospital Medical Center in 2005, Said 2010, Bradley et al 2011).

Berdasarkan pada paparan penjelasan di atas, maka diperlukan untuk mempelajari konsumsi antibiotik dan kualitas antibiotik yang diaplikasikan pada pasien pneumonia anak-anak (usia 3 bulan-5 tahun) pada RS. Dr. Soetomo untuk memberikan gambaran terhadap konsumsi dan kualitas penggunaan antibiotik. Untuk hasil dari penelitian ini, khususnya bidang farmasi, bisa digunakan untuk meningkatkan pelayanan farmasi, terutama dalam pengelolaan obat terhadap pasien pneumonia anak-anak.

Metode penelitian

Penelitian ini merupakan penelitian observasi dengan menggunakan cohort prospektif. Kemudian, dalam penelitian ini, peneliti tidak melakukan menurunkan perlakuan atau intervensi yang berbeda dari Pedoman Praktis Klinis di Indonesia pada Divisi Respirologi di Departement Pediatri atau anak-anak Rs. Dr. Soetomo. Sample dari penelitian ini adalah

pasien anak-anak (usia 3 bulan sampai 5 tahun) dengan diagnosa pneumonia dan menerima tindakan perawatan antibiotik dalam rentang waktu 8 februari 2014-8 Mei 2014. Sampel diambil dengan cara konsekutif. Setiap pasien menurut kriteria inklusi dimasukkan sebagai sampel untuk pemantauan lebih lanjut selama tindakan perawatan. Kriteria inklusi adalah pasien anak-anak (usia 3 bulan hingga 5 tahun) dengan diagnosa pneumonia dan menerima antibiotik di Divisi Respirologi, Departement Anak-anak, Rs. Dr. Soetomo Surabaya, juga berkemauan untuk berpartisipasi dalam penelitian.

Dari 177 pasien yang dirawat di rumah sakit di Divisi Respirologi, Departemen anak-anak, Rs. Dr. Soetomo, ada 29 pasien yang memenuhi kriteria inklusi. Tabel 1 menunjukkan data demografik dari pasien pneumonia anak-anak yang memenuhi kriteria inklusi dan dikelompokkan menurut jenis kelamin, usia, tingkat keparahan penyakit, status pasien, dan bagaimana pasien bisa dirawat di rumah sakit. Presentase pasien dengan pneumonia pada anak-anak usia 3 bulan-5 tahun meliputi 16 pasien laki-laki (55, 17%). Kebanyakan pasien yang dirawat di Divisi Respirologi, Departemen Pediatrik, Rs. Dr. Soetomo adalah pasien pengguna kartu BPJS, yaitu sebanyak 23 pasien (79,31%) dan ada sejumlah 17 pasien (58,62%) yang menandatangani IRD sendiri.

Tabel 1. Data demografik pasien

Demografik Pasien	Jumlah	%*
Jenis kelamin		
- Laki-laki	16	55.17%
- Perempuan	13	44.83%
Usia		
- 3 bulan - < 1 tahun	18	62.07%
- 1 tahun - < 3 tahun	9	31.03%
- 3 tahun - 5 tahun	2	6.90%
Tingkat keparahan		
- Ringan, lemah	1	3.45%

- Sedang, cukup	8	27.59%
- Sedang, lemah	16	55.17%
- Parah, lemah	4	13.79%
Status pasien		
- BPJS	23	79.31%
- Umum	6	20.69%
Cara masuk		
- Rujukan	12	41.38%
- Inisiatif	17	58.62%

Tipe pneumonia yang paling sering terjadi pada anak-anak usia 3 bulan-5 tahun selama penelitian adalah bronchopneumonia sebesar 55.17% (Tabel 2). Lalu, masa rawat inap paling lama tidak lebih dari 10 hari (Table 3). Untuk distribusi komorbiditas paling banyak adalah kelainan hati pada 18 pasien (Tabel 4). Untuk penggunaan antibiotik empiris diberikan kepada pasien pneumonia anak-anak dideskripsikan pada Tabel 5. Dari hasil analisa kuantitatif dalam jumlah LOS 275 hari menunjukkan bahwa ampicillin mempunyai nilai paling besar yaitu 34.39 DDD DDD/100 pasien-hari (Tabel 6). Dari hasil analisa kualitatif menunjukkan bahwa penggunaan antibiotic secara rasional sebesar 32% (Tabel 7). Hal ini menandakan bahwa jumlah antibiotic yang digunakan tidak sebesar yang seharusnya.

Table 2. tipe-tipe pneumonia

Tipe Pneumonia	Jumlah pasien	Presentase
Bronchopneumonia	16	55.17%
Pneumonia	13	44.83%
Total	29	100

Table 3. Lama Masa Rawat Inap

Masa rawat inap	Jumlah Pasien	Presentase
< 10 hari	17	58.62%
10-20 hari	11	37.93%
>30 hari	1	3.45%
Total	29	100

Tabel 4. Distribusi Komorbiditas

Komorbidity pada paru-paru	Jumlah pasien	Komorbidity dalam organ yang lain	Jumlah Pasien
Bronchiolitis	2	Hati	18
Subcutaneous emphysema	1	Kurang gizi	4
Pneumomediastinum	1	Hypotiroid	3
Pleural effusion	1	Down Syndrome	3
Multiple bulae	1	Keterlambatan perkembangan global (GDD)	3
Atelectasis lobus sup. D	1	Malnutrisi	2
		Gizi buruk	2
		Diare akut	2
		GERD (Penyakit refluks gastroesofagus)	1
		Anemia	1
		ODS konjungtivitis	1
		Ensefalopati	1
		Gagal tumbuh (FTT)	1
		Infeksi CMV	1

Antibiotik	Jumlah	Catatan
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Tabel 5. Penggunaan antibiotik pada pasien pneumonia

Tipe Pasien	Antibiotic menurut Pedoman Praktis Klinis
Inisiatif sendiri	Ampicillin; ampicillin sulbactam (Pedoman Praktis Klinis 2013) ampicillin-chloramphenicol; ampicillin-gentamicin; sefalosporin generation 3 (Pedoman Praktis Klinis 2009)
Rujukan	
<72 jam	Ampicillin; ampicillin-sulbactam
>72 jam	Cephalosporin generasi 3

Pilihan	Pasien	Pedoman Praktis Klinis 2009	Pedoman Praktis Klinis 2013
Ampicillin	3		Sesuai
Ampicillin-gentamicin	3	Sesuai	
Ampicillin-chloramphenicol	9	Sesuai	
Ceftriaxone	1	Sesuai	
Ampicillin	4		Sesuai
Ampicillin-gentamicin	3	Sesuai	
Ampicillin-chloramphenicol	5	Sesuai	
Ceftriaxone	2		Sesuai

Kategori IV D (tidak sesuai dikarenakan ada spektrum antibiotik yang lebih sempit) sebesar 9,33%. Ada tujuh kasus yang termasuk dalam kategori ini dan pasien mengalami MFA, ZHN, YK, dan Zk. Hasil kultur darah pasien MFA pada hari ke 8 (18/02/2014) menunjukkan adanya perkembangan bakteri *Staphylococcus saprophyticus* yang resisten terhadap ampicillin namun masih tetap diteruskan hingga hari ke 16 (26/02/2014). Dari hasil kultur, pilihan antibiotic yang bisa diberikan kecuali ampicillin adalah gentamicin, erythromycin, clindamycin. Untuk hasil kultur pasien ZHN dengan usap tenggorokan pada hari ke 5 (15/02/2014) menunjukkan adanya perkembangan bakteri *Streptococcus viridans* yang resisten terhadap gentamicin, namun tetap diaplikasikan hingga hari ke 8 (18/02/2014). Menurut data dari hasil analisis antibiotic ini, pilihan itu bisa digunakan sebagai pengganti gentamicin adalah ceftriaxone, chloramphenicol, erythromycin, and clindamycin

Pada hasil kultur darah pasien YK hari ke 4 (27/02/2014) menunjukkan adanya perkembangan bakteri *Staphylococcus hominis* yang resisten terhadap ampicillin namun penggunaannya tetap dilanjutkan hingga hari ke 8 (03/03/2014). Sedangkan, penggunaan chloramphenicol sebagai terapi empiris bisa digantikan dengan gentamicin yang mana menurut hasil kultur itu sensitif dalam menginfeksi kuman. Pada pasien Zk menggunakan ceftriaxone sebagai teori empiris yang bisa digantikan dengan amikacin, ampicillin sulbactam, cefoperazone

sulbactam, cotrimoxazole, imipenem, meropenem. Pada hasil sputum pada hari kedua (02/14/2014) menunjukkan adanya perkembangan *Acinetobacter baumannii* yang resisten terhadap ceftriaxone namun tetap digunakan hingga hari ke 6 (18/02/2014).

Adapun penggunaan ampisilin dan kloramfenikol sebagai terapi definitif tidak boleh diberikan sampai hari ke-9 (02.21.2014). Untuk hasil kultur darah pada hari ke 5 (17.02.2014) menunjukkan pertumbuhan *Staphylococcus hominis* yang resisten terhadap ampicillin, bisa menggunakan alternatif gentamicin dan clyndamicin. Kemudian, pada hasil kultur pada hari ke 5 (17/02/2014) menunjukkan adanya perkembangan bakteri *Staphylococcus saprophyticuss* juga resisten terhadap ampicillin, dengan alternatif antibiotik tetracycline sensitive. Selain itu, hasil kultur sputum sebelum hari kedua (14/02/2014) menunjukkan adanya perkembangan bakteri *Acinetobacter baumannii* yang resisten terhadap chloramphenicol. Kategori V (tidak adanya indikasi dari penggunaan antibiotik) sebesar

5.33%. Ada 4 penggunaan antibiotik yang termasuk pada kategori ini. Penggunaan antibiotic dengan cara yang tidak tepat (IIC), penggunaan antibiotic dalam jangka pendek (IIIB) dan kategori dari rekam medis yang tidak bisa dievaluasi (VI) dalam penelitian ini adalah sebesar 0% atau tidak ada kasus sama sekali.

Kesimpulan

Pemilihan terapi empiris telah sesuai dengan Pedoman Praktis Klinis di Divisi Respirologi, Departemen Pediatri, Rs. Dr. Soetomo. Dari hasil analisis kuantitatif yang dilakukan menunjukkan penggunaan antibiotic ampicillin paling banyak yaitu 34.39 DDD/100 pasien-hari, sedangkan hasil analisis kualitatif menunjukkan hanya 325 penggunaan antibiotic dalam divisi ini yang dikategorikan secara tepat.